

University of Richmond Academic Skills Center

REMOTE LEARNING PREPARATIONS

In preparing for virtual learning, strategies listed below are designed to support you in creating an effective learning environment.

Set up a space dedicated to working in a quiet place.

- Make sure that supplies such as writing utensils, notebook, water, and the like are readily available in your work space.
- Ensure that your dedicated work space is free from visitors to decrease distractions from conversations.
- Create a mental workspace by working on homework or a class at regular, designated times.

Turn off social media applications that can be extremely distracting!

- There are programs for Mac or Windows that can shut down various media sites.

Set a goal for the grade point average you can realistically achieve at the end of the semester and write several action steps you plan to follow to attain your goal.

- For example, if the goal is to earn a 3.5 grade point average, some action steps can include conducting daily, pre-class, and weekly reviews, utilizing the Cornell Note-taking Method, or managing your time effectively by creating and following a [Weekly Time Schedule](#).

Practice physical distancing protocols if your remote learning environment is outside your safe space (e.g. home, dormitory, etc.).

Contact your professors if you have challenges with learning remotely as quickly as you can.